



GLYS Western New York Growing LGBTQ+ Youth Support

716.855.0221 | www.glyswny.org

IMPORTANT RESOURCES for both
parents & school professionals for **Transgender +
Gender Non-Conforming youth under 13:**

Gender Spectrum:

- Primarily for families with youth under the age of 18
 - has great resources for parents and caregivers
- Online support groups for parents and youth

Dignity for All Students Act (DASA):

- Guidance for TGNC students

Gender Expression Non-Discrimination Act (GENDA):

- Information on how GENDA applied to K-12 schools



Videos:

- [I am Jazz: A Family in Transition](#)
- [Raising Ryland](#)
- [Growing Up Trans](#)
- [Becoming Me](#)



Books:

For Parents & Professionals:

- The Transgender Child: A Handbook for Families and Professional — Stephanie Brill
- Becoming Nicole: The Transformation of an American Family — Amy Ellis Nutt
- [PFLAG Adult Reading List](#)

For Child/Use with Students:

- Sex is a Funny Word — Corey Silverberg
 - Age appropriate non-fiction book about sex, gender and sexuality
- [Child Book List](#)
 - Includes age ranges